

## **HEAD COACH REPORT – AGM 2016**

This time last year our reports centred around the move to the new facility. How quickly time has passed as we have maintained a frantic pace since! We are now recognised as one of the larger, one of the most successful and one of the best equipped gyms in Victoria, something that was hard for us to even imagine less than only 2yrs ago!

We have continued to maintain capacity numbers in all of the WAG and MAG programs including competitive, both State & National and non-competitive, recreational programs. Bron and her team have also further developed the general gym programs including Fit 4 All, Adult gym, Move my Way, Kindergym, School gym and Home School programs and we have been recognised by Gymnastics Victoria for our inclusive programs.

Last year I reported that our MAG program was one of the areas that we were looking to develop and this has happened a lot quicker than we had anticipated. Ben Pocklington who came to us from Eastern gymnastics club commenced in the role of MAG Program Coordinator this year and has taken MYC's MAG program in a new direction. We are now offering state and national competitive groups for the boys which is a change for MYC and has had a good response from the gymnasts, parents and coaches alike. This year we have had our first Level 7 team competing with a gymnast even selected as a reserve for the state team. This was a great achievement for our club and all of our MAG coaches. Our plans for the MAG program look to include team trips, training clinics and we are already putting in place development that will hopefully see our club become one of the high performance MAG clubs in the future.

The WAG program continues to adapt as Gymnastics Victoria phase in the changes in line with the Australian Levels Program set by Gymnastics Australia last year. We continue to have many girls competing in the limited hours division (previously state stream) and our WAG coaches have done a fantastic job learning all the new skills and routines. This year also sees the introduction of regionalisation by GV and with MYC represented on both the Metro South regional committee and WAG Technical Committee, MYC will be thoroughly involved in the development of this new initiative.

The WAG Squad program this year has 6 squads ranging from L2-10. The National Level 7-10 competition season has again been successful for our club and we had 9 gymnasts earn places in State Teams for L8,9 & 10 as well as Micayla and Jodie both selected again as coaches for Australian Championships. As one of the most successful WAG clubs in Victoria now, Micayla has also taken some girls to training camps at the AIS in Canberra and she and Jodie have visited Delta in QLD to observe their training so that they can further improve and develop our program.

Our coaching team has seen the introduction of 9 volunteer coaches this year in our trainee program! In the past 12 months we have unfortunately, seen some coaches leave to pursue other ventures but welcome new coaches including several new general gym coaches, Advanced Silver MAG coach Ben Pocklington and Advanced Silver WAG coaches Bec Pocklington also formerly of Eastern GC and Elissa Sly who was previously Head Coach at Bayside Gymnastics Club and is coaching the Limited Hours L8 group while Nat is overseas.

One of the exciting challenges and developments that has occurred with the move to the new facility has been that we have been able to host and co-host events. In the past 12 months we have had the JF Open held in both December and again last weekend in the stadium, we now hold 3 separate Club Championship style events throughout the year as well as hosting our first L7-10 invitational in March and in August we are hosting the L6-10 Judges Invitational and Trans Bass trial. It has been a busy year for the committee and all the people who help and volunteer for these events and this will continue to be a key area for the future committee to be involved in.

Kerry Angleton  
Head Coach